

“Psalm 23: God’s Prescription For Stressed People”

Sunday, November 26, 2023 @ 10:30am | Worship Center

God’s Prescription for Hurts

Psalm 23:5: “You prepare a table before me in the presence of my enemies; You have anointed my head with oil; My cup overflows.”

Because we live in an imperfect world, you’re going to be hurt. Relationships are the greatest source of stress in our lives.

Five things to not do when people hurt you...

- Don’t ignore it. Psalm 39:2-3
- Don’t run from it. Psalm 55
- Don’t hide your hurt. James 5:16
- Don’t worry about it. Job 5:2
- Don’t resent it. Job 1:4

Three prescription regiment on how to get healed from hurt...

- Let Jesus settle the score. Romans 12:17,19; Matthew 5:7
- Let Jesus soothe my wounds. Psalm 147:3
- Let Jesus satisfy my needs. Psalm 23: 5

If you’re hurting, Jesus invites you to a banquet, He has prepared a table before you in the presence of your enemies, He will anoint your head with the oil of His love, and He will fill your cup until it overflows.

That’s a deal we can’t refuse!